

CAGE Questionnaire for Alcohol Addiction

The Cage Questionnaire asks the following questions :

1. Have you ever felt you needed to Cut down on your drinking ?
2. Have people Annoyed you by criticizing your drinking >
3. Have you ever felt Guilty about drinking ?
4. Have you ever felt you needed a drink first thing in the morning (Eye-opener) to steady your nerves or to get rid of a hangover?

Two “yes” responses indicates that the possibility of alcoholism should be investigated further.

The CAGE questionnaire, among other methods, has been extensively validated for use in identifying alcoholism. CAGE is considered a validated screening technique with high levels of sensitivity and specificity. It has been validated via receiver operating characteristics analysis, establishing its ability to screen for problem drinking behaviors.